

Disco To Disco

COPPER KNOB
STEPSHEETS

Count: 64

Wall: 2

Level: Improver

Choreographer: Neville Fitzgerald (UK) & Julie Harris (UK) - October 2025

Music: From Disco To Disco - Alle Farben & Majestic : (iTunes)



Start 16 Counts ...

Walk, Walk, Shuffle Step, Rocking Chair.

1-2 Walk Forward Right-Left.
3&4 Step forward on Right, step Left next to Right, step forward on Right.
5-6 Rock forward on Left, recover weight on Left.
7-8 Rock back on Left, recover weight on Right.

Step, 1/4, Cross, Hold. Side, Drag, Back Rock, Recover.

1-2 Step forward on Left, make 1/4 pivot turn to Right.
3-4 Cross step Left across Right, hold. (3.00)
5-6 Large step Right to Right side, drag Left next to Right.
7-8 Cross rock Left behind Right, recover forward on Right.

Side, Behind, 1/4, Sweep, Cross, Side, Behind, Sweep.

1-2 Step Left to Left side, cross step Right behind Left.
3-4 Make 1/4 turn to Left stepping forward on Left, sweep Right from back to front.(12.00)
5-6 Cross step Right across Left, step Left to Left side.
7-8 Step Right behind Left and back, sweep Left from front to back.

Back Rock, Recover, 1/2 Shuffle, Back Rock, Recover, Camel Walk, Camel Walk.

1-2 Rock back on Left, recover forward on Right.
3&4 Make 1/4 turn to Right stepping Left to Left side, step Right next to Left, make 1/4 turn to Right stepping back on Left. (6.00)
5-6 Rock back on Right, recover forward on Left.
7-8 Step forward on Right and pop Left knee (1), Step forward on Left and pop Right knee.

V Step, V Step.

1-2 Step forward Right & slightly out to diagonal, step forward Left & slightly out to diagonal.
3-4 Step back in place Right, step back Left in place .
5-6 Step forward Right & slightly out to diagonal, step forward Left & slightly out to diagonal.
7-8 Step back in place Right, step back Left in place .

Step, Heel, Toe, Heel, Step, Heel, Toe, Heel.

1-4 Step R diagonally fwd, swivel L - heel, toes, heel towards Right (6.00)
5-8 Step L diagonally fwd, swivel R – heel, toes, heel towards Left

Side Close, Shuffle Back, Side, Close, Shuffle Forward.

1-2 Step Right to Right side, step Left next to Right.
3&4 Step back on Right. Step Left next to Right, step back on Right.
5-6 Step Left to Left side, step Right next to Left.
7&8 Step forward on Left, step Right next to Left, step forward on Left.

Rock, Recover, Coaster Step, Rock, Recover, Full Triple Step.

1-2 Rock forward on Right, recover back on Left.
3&4 Step back on Right, step Left next to Right, step forward on Right
5-6 Rock forward on Left, recover back on Right.
7&8 Make full triple turn to Left L-R-L (6.00)

No Tag or Restarts...
