

Shirts and Skirts

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Jamie Barnfield (UK) - October 2025

Music: Man! I Feel Like A Woman! (Real Hypha Remix) - Shania Twain : (iTunes & Spotify)



Intro: 8 counts (No Tags or Re-starts!) Start on the first main beat)

S1: , K -STEP (FORWARD, TOUCH, BACK, TOUCH, BACK, TOUCH, FORWARD, TOUCH)

- 1-2 Step forward to Right diagonal on Right, touch Left next to Right
- 3-4 Step back to Left diagonal on Left, touch Right next to Left
- 5-6 Step back to Right diagonal on Right, touch Left next to Right
- 7-8 Step forward to Left diagonal on Left, touch Right next to Left

(For a little bit of styling, thrown in some finger clicks on the touches)

S2: GRAPEVINE RIGHT WITH CLAP, GRAPEVINE LEFT WITH CLAP

- 1-2 Step Right to Right side, cross Left behind Right
- 3-4 Step Right to Right side, touch Left next to Right as you clap your hands
- 5-6 Step Left to Left side, cross Right behind Left
- 7-8 Step Left to Left side, touch Right next to Left as you clap your hands

S3: WALK FORWARD R, L, R, KICK LEFT, WALK BACK L, R, L, TOUCH RIGHT

- 1-2 Step forward on Right, step forward on Left
- 3-4 Step forward on Right, kick Left forward
- 5-6 Step back on Left, step back on Right
- 7-8 Step back on Left, touch Right next to Left

S4: OUT, OUT, IN, IN, PADDLE 1/4 TURN

- 1-2 Step forward and out to Right on Right, step forward and out to Left on Left
 - 3-4 Bring Right back to Centre, close Left next to Right
 - 5-6 Small step forward on Right, turn 1/8 Left onto Left
 - 7-8 Small step forward on Right, turn 1/8 Left onto Left (9:00)
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